**Waiver**

**2021 Walk|Run|Ride for the Lanark County Food Bank**

I, ,

*(print name)*

acknowledge that my participation in the ***2021 Walk|Run|Ride for the Lanark County Food Bank*** may involve a risk of injury, including bodily injury, and assume the risk for same. On my own behalf and on behalf of my heirs and legal representatives and to the fullest extent permitted by law, I hereby release and discharge St, Andrew’s United Church of Pakenham, The Lanark County Food Bank and their respective directors, officers, board of trustees, members, agents and representatives, of and from any and all liability for injury, death, or damages and/or any other claims, demands, losses or damages, incurred by me in connection with any aspect of this event.

I also agree to the use of any photo, film and video of the event, in which I may be included, for any legitimate purpose, including advertising and promotion.

*Signature Date*

*Signature of Parent (if under 18 years of age) Date*